



Luxe

1 - 13 August 2025

Travel for Women

a Journey to Peru & Chile with Juanita Phillips

ITINERARY

LTR Tour Type Three



Day 1

1st August 2025, Friday – Arrive Lima

- Guests arrive individually, welcomed, and assisted by an LTR representative at Lima airport, followed by a private transfer to hotel. (23 kms / 55 minutes)
- Lima, the capital of Peru, lies on the country's arid Pacific coast. Though its colonial centre is preserved, it's a bustling metropolis and one of South America's largest cities.
- Arrive at the hotel & check into room.
- Night at the hotel – **Miraflores Park, A Belmond Hotel** (Junior Suite Ocean View Room) (Check in: 3pm / Check out: 12.00pm)

Day 2

2nd August 2025, Saturday – Lima

- 7.30am** • Buffet breakfast at the hotel, in a section of the restaurant for an overview by a LTR representative and to meet journey host Juanita Phillips.
- 9.30am** • Culinary experience by Chef Penelope (*Duration: 5hrs*) There are many ways to get to know a city, but one of the most gratifying and interesting is through its food. This is especially true in Lima. What better experience, then feeling like a local and experiencing a day with a new local chef!
 - Our host has been hosting travellers for almost 10 years and offers the kind of experience that she herself likes to enjoy while travelling. Guided by an Limeño friend chef, who will open the doors of her home to welcome guests, experience the destination like a local, buying the ingredients from the local market, cooking, eating, and learning about the traditions and places from an insider's perspective!
 - Start this culinary journey with a visit to one of Chef Penelope's favourite mercados, where guests will interact with her favorite vendors, called caseros, about the amazing variety of seasonal and local ingredients, and obtain the ingredients for their cooking class. Then guests will head to the host's residence in Barranco, one of the most bohemian and artsy districts of Lima, known for its galleries and great food.
 - After leaving the groceries take a walk around Barranco, absorb the feeling of this small and peaceful village-like district in the middle of the city. With the chef's expert guidance, guests will stop at some of her favorite places to find great teas, local coffee or chocolate.
 - Just in time for lunch, return to our host's residence to start cooking. After an introduction about the history and most important local ingredients in Peruvian cuisine, prepare a complete local menu from some of the best of Lima's classic recipes, learning essential techniques, as well as how to best use the local and seasonal elements. To kick start your delicious Peruvian lunch taste the iconic pisco sour and piqueos (the Peruvian art of nibbling), with the beautiful view of Lima's coast, while sharing in conversation.
- 3.00pm** • Return to the hotel.
- 5.00pm** • **Secrets of ancient Peru at Larco Museum by night** Guests visit the Rafael Larco Herrera Museum or as it is currently known, the Larco Museum, one of the most important in the country and considered among the best in the world by some specialists.
 - Founded in 1926, the museum exhibits a valuable collection of almost 45,000 pre-Hispanic pieces arranged in chronological order from the first inhabitants of ancient Peru to the Incas. Its rooms are characterized by presenting a complete collection of ceramics, textiles, gold and silver in a perfectly conserved way, in addition to being one of the first in the world to have visitable storerooms and to provide virtual access to its entire collection. Among the main exhibits, we will observe its renowned exhibition of ceramic pieces from the Moche culture, such as the ceramics alluding to fertility, popularly known as the 'Erotic Room'. At the end of the tour, guests will enjoy dinner at the museum's restaurant with a beautiful view of the gardens and the main house.
 - After dinner, return to the hotel.
 - Night at the hotel – **Miraflores Park, A Belmond Hotel** (Junior Suite Ocean View Room)

Day 2 Meals: Buffet Breakfast, Lunch & Dinner (drinks not included)

Day 3

3rd August 2025, Sunday – Lima to Sacred Valley

- 5.45am
- After checking out of the hotel, transfer to the airport. (Boxed breakfast provided)
 - Domestic flight (Economy) to Cuzco. Arrive mid-morning and transfer to the Sacred Valley with visits enroute.
 - **Full Day Pisac ruins, Moray and Maras** (Duration: 8hrs)
 - Guests will have a whole day to learn the history of the Sacred Valley of the Incas.
 - From the Taray viewpoint, obtain a stunning panoramic view of the valley, appreciate the corridor of the Urubamba River that gives life to the Inca corn fields, and the mountains that surround it.
 - Reach the top of the Apu Inti Huatana hill where guests will find the archaeological complex of Pisac, which houses dazzling stone platforms and offers a privileged view of the traditional town that bears the same name. Walking through its buildings we will see why it is one of the most relevant in the valley, both for its urban planning (very advanced for its time) and for the variety of environments or “neighborhoods” dedicated to religious ceremonies, rooms, and temples.
 - Enjoy a buffet lunch full of local flavor before visiting more locations.
 - The Tahuantinsuyo, the archaeological site of Moray, which resembles a natural amphitheater, functioned as a laboratory and agricultural research center according to some studies. Its enormous concentric terraces and the variety of microclimates they created allowed the growth of a wide variety of crops. Also visit the ancient salt mines of Maras, a place where the coveted Maras salt, one of the finest in the world, is collected. We will see almost 3,000 pools that in Inca times were an important center for the imperial economy. Today it continues to be a valuable source of income for hundreds of families. With stunning panoramic views of the mosaic of terraces and ponds, Maras offers the perfect setting for photography enthusiasts.
- 6.00pm
- Arrive at the hotel & check into room.
 - Dinner at leisure.
 - Night at the hotel – **Sol y Luna Hotel** (Superior Casita Room) (Check in: 11.00am / Check out: 10.00am)

Day 3 Meals: Boxed Breakfast & Lunch (drinks not included)

Day 4

4th August 2025, Monday – Sacred Valley

- 9.00am
- Breakfast at leisure (from 5.00am at the hotel)
 - **Full Day Cultural immersion in Misminay** (Duration: 7hrs)
 - A visit to the community of Misminay will be an enriching experience, allowing guests to interact with local women and enjoy a valuable cultural exchange and get to know the traditional Andean lifestyle up close.
 - On the way to the community visit the Raqchi viewpoint for an impressive panoramic view of the Sacred Valley of the Incas. Once in Misminay, the locals give a warm welcome with music and cheerful typical dances, and then invite guests to be part of one of the different daily activities in the community.
 - Enjoy a delicious lunch prepared with local ingredients and shared with local people and, before saying goodbye, participate in an additional activity with the inhabitants of Misminay. A day full of traditional learning!
- 4.00pm
- Return to the hotel.
 - Dinner at leisure.
 - Night at the hotel – **Sol y Luna Hotel** (Superior Casita Room)

Day 4 Meals: Breakfast & Lunch (drinks not included)

Day 5

5th August 2025, Tuesday – Machu Picchu

- Breakfast at leisure (from 5.00am at the hotel)
- 9.00am
- **Full Day Machu Picchu (excursion around the citadel) with buffet lunch at Tinkuy Restaurant.**
 - Transfer from the hotel to Ollanta Train Station and travel to Machu Picchu. One of the most important tourist landmarks in the world awaits.
 - The adventure begins aboard the **Vistadome train** to Aguas Calientes, also known as Machu Picchu Pueblo, a picturesque town at the foot of the emblematic Inca citadel. During the train ride guests enjoy the natural beauty of the surroundings, with impressive views of majestic mountains, the Vilcanota river and small towns of the Peruvian Andes; a visual feast that fills everyone with anticipation for the visit to the wonder that is Machu Picchu.
 - After a short ride by private transport from Aguas Calientes guests find themselves in front of one of the Seven Wonders of the Modern World – an unforgettable sight! From there, explore the ancient ruins, learning all about the history and mysteries that this mystical and impressive place holds. Surrounded by incomparable landscapes, there will be no shortage of spectacular photo opportunities!
 - Late afternoon, arrive at the hotel & check into room.
- 7.30pm
- Dinner at the hotel.
 - Night at the hotel – **Sumaq Machu Picchu Hotel** (Deluxe Room)

Day 5 Meals: Breakfast, Lunch & Dinner (drinks not included)

Day 6

6th August 2025, Wednesday – Machu Picchu to Cuzco

- Breakfast at leisure at the hotel.
- 8.00am
- Depart for a morning visit to Machu Picchu via Aguas Calientes by private transport.
 - Once guests have charged themselves with the magical energy of Machu Picchu, return to the hotel via Aguas Calientes for lunch.
 - Enjoy the “Flavours of the Andes” tasting menu in a semi-private location, before heading to the train station
- 5.30pm
- Board the incredible **Hiram Bingham** train for Cuzco in the late afternoon.
 - Dinner aboard the Hiram Bingham train.
- 10.30pm
- Upon arrival transfer to the hotel.
 - Night at the hotel – **Monasterio, A Belmond Hotel** (Superior Room) (Check in: 3.00pm / Check out: 11.00am)

Day 6 Meals: Breakfast, Lunch & Dinner (drinks not included)



Day 7

7th August 2025, Thursday – Cuzco

- Breakfast at leisure at the hotel *(from 5am)*
- 10.00am
- **San Pedro market & nearby ruins** *(Duration: 4 hours)*.
 - This charming tour of Cusco offers guests history, living culture and art. They will be able to appreciate how the Andean and Spanish cultures, as well as the past and the present, coexist in harmony in the Imperial City.
 - Arrive at the center to walk the halls of the San Pedro market, the oldest in the city. Designed in 1925 by Gustave Eiffel, today it brings together hundreds of merchants selling local products.
 - Visit the Koricancha temple, which during the Inca empire was a center of worship of the Sun and on which the Santo Domingo convent was later built as part of the evangelization process. Its baroque style façade built on solid Inca walls perfectly summarizes the syncretism of cultures in the city of Cuzco.
 - To appreciate the greatness of the Incas, ascend to the monumental fortress of Sacsayhuaman, which with its enormous carved stone walls constitutes one of the best examples of Inca military architecture.
 - Tour the archaeological center of Kenko, a ceremonial place where the sun, the moon and the stars were worshiped. Guests cannot take a tour of the city without visiting the main Cathedral, the most important in the city. It was built by the Spanish on top of the palace of the Inca Huiracocha. Its interior houses a wonderful collection of colonial art composed of goldsmith pieces and representative canvases of the Cusco School of Art.
 - Lunch is at leisure.
- 7.00pm
- A Special Dinner, held in Capilla San Antonio Abad, a chapel at the hotel.
 - Night at the hotel – **Monasterio, A Belmond Hotel** (Superior Room)

Day 7 Meals: Breakfast & Dinner (drinks not included)

Day 8

8th August 2025, Friday – Cuzco to Santiago, Chile

- Breakfast at leisure at the hotel (from 5am).
- 6.30am
- Transfer to Cusco Airport for international flight to Santiago. Chile.
 - Arrive in the early afternoon and transfer to the hotel.
 - Dynamic and cosmopolitan Santiago is a vital and versatile city. The Chilean capital breathes new life into all its visitors! The city's diversity shines through its many contrasting neighborhoods. Set out to explore the city streets and you will discover beautiful and original art galleries, design shops and handicraft markets, as well as a great selection of restaurants, bars and cafes.
 - Santiago City Tour with Lunch *(Duration: approx. 4 hours)*.
 - Lunch is at **Bocanariz Restaurant**. Santiago de Chile was founded in 1541 by the Spanish Conquerors, who shaped an important legacy that invites discovery. Guests will start the tour with the best panoramic view of the city from the San Cristóbal Hill, which is ascended by funicular to the summit station. In this place taste the typical drink of Chile, known as "mote con huesillos" and watch Santiago from binoculars installed on the site, and visit the surrounding shops.
 - Then go down in Teleferico from the summit to Oasis Station round trip, and go back down by funicular. After this, visit the Plaza de Armas, surrounded by magnificent buildings: the post office, National Historical Museum, City Hall, and the Cathedral. The journey continues in the Palacio de la Moneda complex, which is the presidential site, but also an important civic center.
 - Finally, visit Bernardo O'Higgins Avenue or "alameda", the very core of the city, which has an intense commercial, cultural and financial life before checking into the hotel.
- 8.00pm
- Private Dinner at **Karai Restaurant**. Eponymous chef Mitsuharu 'Micha' Tsumura presents Peruvian-Japanese fusion cuisine at one of the World's best restaurants.
 - We have organised a special treat for 'night owls' to enjoy a taste of lively Latino nightlife in the city's Bellavista!
 - Night at the hotel – **The Singular Lastarria** (Classic Room) *(Check in: 3.00pm / Check out: 12.00pm)*

Day 8 Meals: Breakfast, Lunch & Dinner (drinks not included)

Day 9

9th August 2025, Saturday – Santiago, Chile

- Breakfast at leisure at the hotel *(from 7.30am)*
- 9.00am
- **Valparaiso and Casa del Bosque Winey with Lunch** *(approx. 8 hours)*
 - Guests depart from Santiago towards the city of Viña del Mar, located 120 kilometers away following a path that crosses the valleys of Curacavi and Casablanca, full of vineyards and fruit plantations. Once there, be captivated with the beauty of the "Garden City" and the largest beach city in Chile, whose sophistication and elegance are inspired by the French Riviera.
 - Then visit Valparaiso, where guests will immediately understand why UNESCO declared this city a World Heritage Site, with its beautiful buildings and colorful hills overlooking the Pacific Ocean. This is also considered the cultural capital of Chile, the largest commercial and Navy port, a university city and a bohemian center.
 - Next, visit the Casas del Bosque Vineyard, a winery where you will get to taste the Reserva and Gran Reserva wines. Finally, taste a delicious, fresh meal at Restaurant Tanino, where you will find some of the best ingredients of Chilean cuisine.
- 7.30pm
- Return to the Santiago hotel.
 - Dinner at local restaurant.
 - Night at the hotel – **The Singular Lastarria** (Classic Room)

Day 9 Meals: Breakfast, Lunch & Dinner (drinks not included)

Day 10

10th August 2025, Sunday – Santiago to Puerto Natales

- Breakfast at leisure at the hotel *(from 7.30am)*
- Morning transfer to the airport, for the flight to Puerto Natales, Patagonia.
- Upon arrival at Puerto Natales Aerodrome, meet with local representatives and transfer to the hotel.
- Dinner at the hotel.
- Night at the hotel – **The Singular Patagonia** *(Check in: 3.00pm / Check out: 12.00pm)*

Day 10 Meals: Breakfast, Lunch & Dinner (drinks not included)



Day 11

11th August 2025, Monday – Patagonia

- Breakfast at leisure at the hotel *(from 7.00am)*
- 8.00am • **Discovering Torres del Paine National Park with Lunch** *(approx. 9 hours)*
- Depart in multiple Sprinter vans for this unique day. Capture the best views of Torres del Paine National Park, the 8th wonder of the natural world, in a day of exploration in the best photo safari style.
- Stop at some of the most important viewpoints of the park from where guests will have privileged views of the Paine Massif. Pass by the colourful lakes Nordenskjöld, Sarmiento, Pehoé and Laguna Azul and have the chance to admire the flora and fauna of the area.
- Learn about the water and rock formations of the park, and walk short stretches, visit Salto Grande and the surroundings of Laguna Azul to admire the towers.
- Dinner at the hotel.
- Night at the hotel – **The Singular Patagonia**

Day 11 Meals: Breakfast, Lunch & Dinner (drinks not included)

Day 12

12th August 2025, Tuesday

- Breakfast at leisure at the hotel *(from 7.00am)*
- **Choose your Experience**
- Guests can choose from a limited menu of half day excursions & activities. *(available excursions/activities & durations to be finalised, weather dependent, minimum participation number of 2 persons applies)*
- **Examples:**
 - Intermediate difficulty:**
 - Benitez Rupestre Trek *(Half Day)*
 - Basic Difficulty:**
 - Milodon Cave Trekking *(Half Day)*
 - Snowshoeing Hike *(Half Day)*
 - Cold Storage Plant tour *(Half Day)*
 - Sailing to Balmaceda and Serrano Glaciers *(Half Day)*
- Lunch at Hotel (as applicable, based on excursion & activity chosen)
- Chefs Table Farewell Dinner at **El Asador**
- Night at the hotel – **The Singular Patagonia**

Day 12 Meals: Breakfast, Lunch & Dinner (drinks not included)

Day 13

13th August 2025, Wednesday – Puerto Natales to Santiago

- Breakfast at leisure at the hotel *(from 7.00am)*
- Transfer to the Puerto Natales Airport for flight to Santiago, and then onward destinations.

Day 13 Meal: Breakfast

Tour Price

Tour price includes Land + Santiago/ Puerto Natales/ Return Air

Twin Share (per person) AUD\$22,500

Single Supplement AUD\$4,500

- Additional T&Cs apply.
- Above prices are valid from 1 to 13 August 2025.

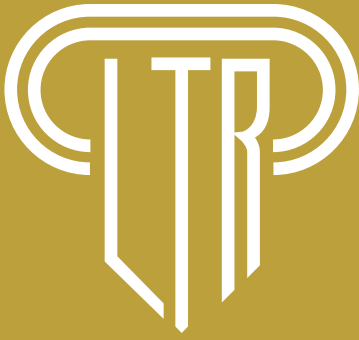
Tour Price Includes:

- 12 nights' accommodation as specified in day-by-day itinerary.
- Meals provided as detailed in itinerary.
- Private transfer on arrival in Lima from the airport to the Miraflores Park, a Belmond Hotel.
- All other transportation throughout the program as per the itinerary.
- Touring/visits/activities as detailed.
- Entrance fees to locations as specified in the itinerary for one-time visits only.
- Return economy airfare in Chile – Santiago to Puerto Natales return.
- All Government taxes currently applicable.
- Your Host Juanita Phillips is supported by two dedicated LTR escorts throughout the tour as per the itinerary, plus the services of English-speaking local guides.

Tour Price Does Not Include:

- Anything not mentioned in the itinerary or in the above.
- Following meals are NOT included in the program:
 - Day 1 – Breakfast, Lunch or Dinner
 - Day 03 & 04 – Dinner in Sacred Valley
 - Day 7 – Lunch in Cuzco
- Expenses of personal nature like drinks, telephone calls, laundry charges etc.
- Early check-in or late check-out at hotels.
- Airfares not shown as included in the above.
- Applicable VISA costs.
- Travel Insurance.
- Gratuities for local staff are at your discretion
- Any increase in costs beyond our control e.g., fuel increase, additional government taxes etc.





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